

The Perfect Gift to Give AND Receive!



Plants⁴ Hunger

School Meals

Food Shares

Beans & Seeds

Food Forests

Micro-Businesses

Disaster Relief



Program Booklet

Plants4Hunger.org



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Dear Friend,

Thank you for your interest in **A Well-Fed World** and our mission to advance plant-based food and farming solutions to create a sustainable, nourished, and climate-friendly future.

Our multi-prong approach is positive and practical as we strive to create a world in which everyone has enough food, and the right kinds of food. Specifically, we promote nutrient-dense plant-based foods that are produced and distributed in equitable ways that prioritize personal, public, and planetary health for current and future generations.

In addition to our direct research and advocacy promoting the benefits of plant-based diets for global food security, we also facilitate funding from individuals, organizations, and foundations through our **Global Grants**, **Fiscal Sponsorships**, and **Plants4Hunger** program.

We facilitate grassroots funding that empowers community organizers to produce immediate results for those most in need. And we facilitate national and international funding that empowers civil society organizations and social justice leaders to produce long-term, structural improvements in the food system and beyond.

This booklet provides a glimpse at our work. I hope the powerful results we achieve inspire you to stay connected by signing up for our e-newsletter and/or donating in support of your favorite programs at **Plants4Hunger.org**.



dawn@awfw.org

With deep gratitude,

A handwritten signature in blue ink, appearing to read 'Dawn Moncrief'.

Dawn Moncrief, Founder/President

Grant Priorities

Through our Global Grants program, we award hundreds of grants each year to support innovative and highly effective projects in dozens of countries.

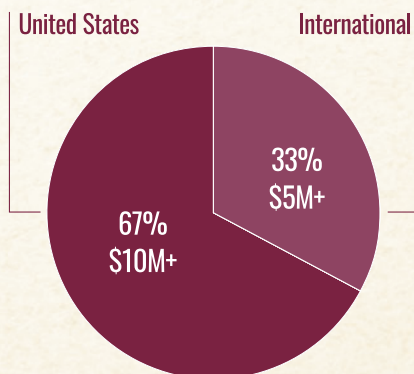
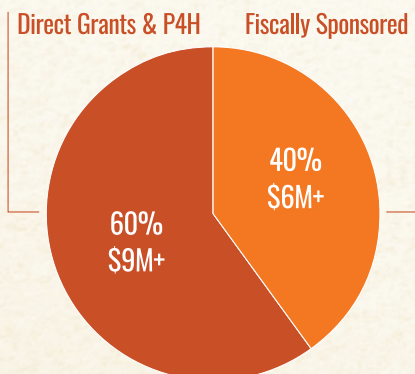


We provide education and advocacy grants in middle-income and high-income sectors because they have relatively strong levels of purchasing and political power that can produce drastic, far-reaching results. In low-income sectors, we additionally provide hunger relief, food security, and empowerment grants to offset the limitations due to lack of resources.

While many of our grants and fiscal sponsorships support plant-based research, advocacy and policy work in the U.S., our Plants4Hunger feeding and farming grants are predominantly international.

Specifically, we focus on low-income communities in the U.S. and internationally because:

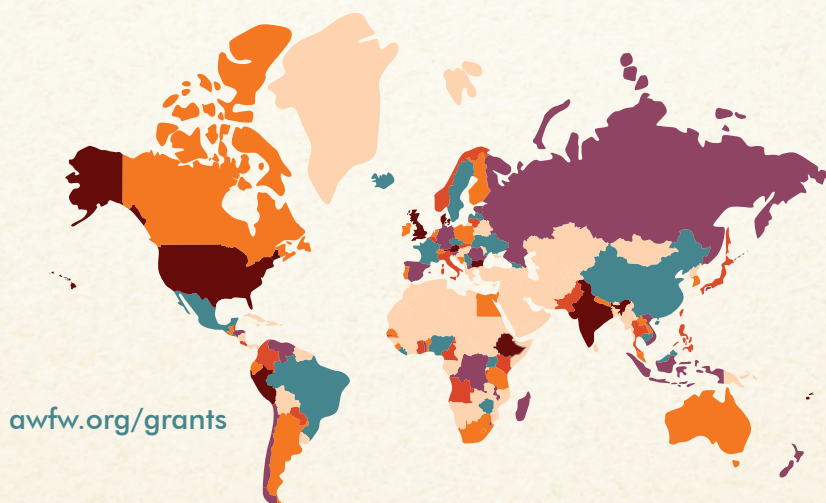
- ▶ The suffering is widespread
 - so there is a greater need for help.
- ▶ There are fewer resources
 - so the help we provide makes a bigger difference.



Grant Countries

Listed below are some of the countries that have received one or more of our grants. Since our inception in 2009, we have provided more than **\$15 million in 95 countries.**

Angola	Ecuador	Korea	Scotland
Argentina	England	Laos	Senegal
Australia	Estonia	Latvia	Serbia
Austria	Ethiopia	Liberia	Sierra Leone
Belgium	Fiji	Lithuania	Singapore
Belize	Finland	Luxembourg	Slovakia
Benin	France	Macedonia	Slovenia
Bosnia-Herzegovina	Gambia	Madagascar	South Africa
Brazil	Georgia	Malawi	South Korea
Bulgaria	Germany	Malaysia	Spain
Burundi	Ghana	Mexico	Swaziland
Cambodia	Guatemala	Nepal	Sweden
Cameroon	Haiti	Netherlands	Switzerland
Canada	Honduras	New Zealand	Taiwan
Chile	Hungary	Nigeria	Tanzania
China	Iceland	Norway	Thailand
Colombia	India	Pakistan	Togo
Costa Rica	Indonesia	Paraguay	Uganda
Czech Republic	Ireland	Peru	Ukraine
Denmark	Israel	Philippines	United States
DR Congo	Italy	Poland	Venezuela
Ecuador	Jamaica	Portugal	Vietnam
Egypt	Japan	Romania	Zimbabwe
El Salvador	Kenya	Russia	



awfw.org/grants

Plants4Hunger - Great Projects!

Unlike large organizations with excessive fundraising and administrative costs, we send 100% of your Plants4Hunger donation to a variety of small, handpicked groups and projects where it will have the most meaningful impact.

Some of our Partners and Recipients

School Meals

International Fund for Africa
Grassroot Movement in Nepal
Haiti Education Center

Food Shares

Vegan Food Pantry
Food Not Bombs
Lviv Vegan Kitchen

Beans, Seeds, and Farms

Seed Programs International
Kitchen Gardeners International
Native Seeds/SEARCH

Soy Microbusiness

Malnutrition Matters
Plenty International
Tailored Foods

Food Trees and Forests

Trees That Feed
Sadhana Forest
Fruit Tree Planting Foundation

Disaster Relief

Ukraine Food Aid
Ebola & Covid
Hurricanes & Typhoons



5 USA (Awali - Grow Where You Are)



Nepal (Grassroot Movement in Nepal)

Plants4Hunger - Perfect Gifts!

While Plants4Hunger is largely sustained through direct single and recurring donations, we also rely on its popularity as a heartwarming gift-donation since feeding programs have nearly universal appeal.

You can make gift-donations **in honor of others** or **request gift-donations for yourself** in lieu of material gifts for birthdays, holidays, and other gift-giving occasions.

All gift-donation recipients receive a custom e-card and/or printable certificate letting them know they inspired the compassionate gift of feeding people in need.

Include their address and we'll mail them a personalized card, our Plants4Hunger project sheet, and our Climate-Friendly Food Guide with recipes and resources.

For Any and ALL Occasions

The perfect gift for vegetarians, vegans (and everyone) to GIVE!

The perfect gift for vegetarians, vegans (and everyone) to RECEIVE!

The perfect gift for instant & last minute smiles from anyone to ANYONE!



Brazil (Fruit Tree Planting Foundation)



Ethiopia (International Fund for Africa)

The Dark Side of Animal Gifting



Hunger relief charities such as Heifer International, OxFam, and World Vision promote "livestock gifting" programs that send live farmed animals to be used as food in low-income countries.

Deceptively cute photos of happy children with healthy animals are common advertising tropes. The photo above with a fake lipstick kiss is from Heifer International. What you won't see are emaciated animals or slaughter photos even though they represent the reality of what many animals actually suffer.

Another popular and deceptive trope is that animals just "live off the land." Overgrazing, water scarcity, and the displacement of native foods are persistent concerns and many families struggle to provide enough food, water, and medical care... for the animals and themselves.



Meanwhile, intensifying climate disasters have made livestock farming unsustainable in many regions with traditional herders and subsistence farmers moving away from raising animals to instead growing climate-resilient crops and food trees.

Check out our "**Reasons to Say NO to Animal Gifting**" page at: awfw.org/no-animal-gifts

Livestock gifting charities are a bad deal.

Supporters may think they are donating specific animals, but all donations can be put "where needed most." This includes lavish salaries and massive fundraising budgets. In the case of Heifer International, in 2021 that's more than \$500,000 for their CEO and \$37 million(!) for fundraising.

In stark contrast, donations make a meaningful difference with our Plants4Hunger program that sends 100% to small groups doing high-impact work at local levels.

Humane Facts and Loopholes

As people become increasingly aware of the atrocities committed in factory farms (which represent how more than 98% of farmed animals are raised in the U.S.), many are purchasing meat, dairy, and eggs from companies that advertise improved animal welfare.



Photo: Toronto Pig Save

Unfortunately, many of the worst abuses inflicted on animals in factory farms are also standard practices in small, local, and humane-label operations.

These routine abuses include severe confinement, branding, debeaking, dehorning, and the killing of “surplus” male calves from dairy cows and “surplus” male chicks from egg-laying hens.

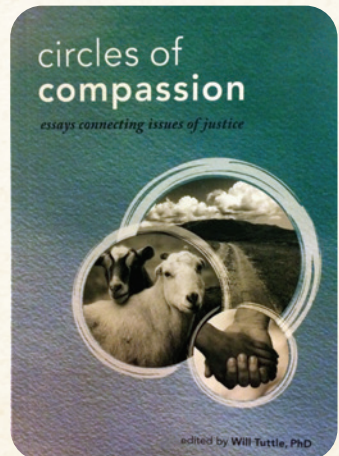
Find out what provisions humane and green labels provide, and what they don’t. Read also why moving towards a plant-based diet is much more eco-friendly than consuming local meat and how grazing intensifies global warming. HumaneFacts.org / GrazingFacts.org

Circles of Compassion Book

Circles of Compassion: Essays Connecting Issues of Justice

is a series of essays that demonstrate how seemingly disparate human, animal, and environmental concerns are actually connected, and how we can create a more just and peaceful world.

The essay by A Well-Fed World’s founder, Dawn Moncrief, explores the ways in which animal-sourced foods represent forms of overconsumption and waste that exacerbate global hunger by redistributing food away from the world’s poor.



Climate-Friendly Food Guide

Created in celebration of Earth Day's 50th birthday, our Climate-Friendly Food Guide is a colorful 20-page booklet that provides an overview of the environmental benefits of plant-based diets combined with easy recipes, food swaps, helpful tips, and follow-up resources.

Check out our fun online flipbook, download the PDF, and/or request free printed copies for you or your event:

ClimateFoodGuide.org



► You want a big impact!

Our operation costs are covered by foundations, so 100% of your donation goes directly to our Plants4Hunger groups to strengthen plant-based food and farming projects that nourish people, protect animals, and cool the climate.

► You want a simple and reliable process.

We support a wide variety of groups, many of which are international and/or don't have tax-exempt status. Donate through us and you get one easy tax return letter and a hassle-free way to support incredible work in other countries.

► You want to empower communities.

Most of the work we support is already in progress, or is planned and just needs seed funding to jumpstart it. We don't reinvent the wheel or impose our methods. We respect that local people are the experts in their communities and know how to best use their resources.

► You want to support projects that *really* need funds.

We specialize in finding groups and individuals doing highly effective and innovative work, but who don't have much access to funding. With smaller projects, especially in low-income countries, your donation makes a larger, more significant impact and can take them to the next level.

► You want an organization you can trust.

We go above and beyond basic financial reporting to receive **Platinum Transparency Status** from Guidestar. We also meet the strict standards of the Combined Federal Campaign and our combined overhead and fundraising is less than 5%.

Donations are tax-deductible: EIN 27-0865905



Warm hearts and fill bellies
with a donation to your favorite
plant-based feeding program.

eat · grow · share

plants4hunger

to create

a well-fed world

Text “plants” to:
44321



Online:
awfw.org/donate

Check - Credit Card - PayPal - Venmo - Google Pay - Apple Pay

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